

MAIN STORY What Is Trading Factor By Dr. Vipin Gupta – Book Review

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Though a little verbose and highly technical, this book is meticulously written with depth of thought that takes a lot of strength and understanding by someone who loves both philosophy and science and has mastered them equally. The 9th book in the series of 12, this book is a time consuming read and slightly on the lengthier side but highly engaging. The book is divided into 7 elaborate chapters with nearly 10 subdivisions in each making the book an elaborate read. The book is divided into the logical and scientific in the garb of the philosophical. This makes the book interesting but with a newness that is not to be found in most books of non fiction. Nonetheless, the book will serve as an interesting read to lovers of nonfiction, philosophy, mathematics and science.

The book is a part of project VIPIN which is an acronym that stands for the author's name if put together and means Vastly Integrated Processes Inside Nature if expanded. As the 9th book, this book looks into what trading factor is all about through a mathematical approach. Trading factor is the innate ability in every individual that gives them the intention to discover, cultivate and develop the requirements to make life beautiful. This book seeks to answer the central question- What Makes life meaningful? In order to understand this Dr. Gupta explains what meaning is firstly and how to decipher meaning with sound judgement and through proper tools of understanding. While this is easy to understand, it is far more difficult to know how to make life meaningful. This is immediately answered by Dr. Gupta as: "We make life meaningful when

we have an intellectual map connecting our sustainability with everyone. The intellectual map has three goals. First, what we know about our self-worth comes to light for guiding everyone's life. Second, why others make us a guiding force brings to light us as their consciousness. Third, how we become their consciousness infuses coherence in our understanding of when we truly matter.

We truly matter when our consciousness becomes the present consciousness of everyone and makes us immortal before our death."

While this may serve to elaborate the crux of the purpose behind writing this text, it surely says little about the methodology through which this is attained. For that one has to read the entire book and feel the essence of mathematical reasoning and philosophical musings interlocking and blending into one another to create a seamless amalgamation of scientific and philosophical. Then is given the practical side of attaining the objective of this text by understanding which path to follow- whether to centre attention on oneself or on others. Once this is clear to the reader, the rest of the calculative measures of the text will not seem a hindrance in higher analysis and understating. Infact, the reader will be able to partake in the process of revelatory analysis of the thematic issues and feel enriched.

The blend of Sanskrit and English is heavy in the text. The coloured boxes and cute illustrations provide something eye catching and add to the entertaining aspect of the text. There is frequent use of Hindi terms also. Decoding Human Development is an important turning point in the text from where the text picks up pace and the concepts get more complex though the writing evolves and becomes poetic at times though sticking to the technical. The list of tables and abbreviations are embedded within the text and can be easily accessed. The use of a few colours in the palette make for a soothing effect on the eye. At the end of the day, Dr. Gupta's intention is to help create awareness and provide empowerment to readers to understand and enjoy emotional oneness with the higher meaning of living. He tries to add meaning to mere existence and make it a fruitful living. This is done through a technical and particularly mathematical approach though that makes the book slightly metaphysical as there is blend of philosophical reasoning with the scientific explanations. Dr. Gupta is aware of scientific limitations and does acknowledge them. While he accepts that philosophical reasoning allows one to enter into vast realms, the need to maintain a scientific rationale is to keep in check from absurd imaginative excesses. His main view is that ego is the natural outcome of emotion. On the whole, the book is highly enticing and can be a standard handbook or recommended book of reading in various courses or simply for broadening one's understanding of life.

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Author: Dr. Vipin Gupta

Rating: 4.5/5

Reviewed by: Aashi at Criticspace